

# CS5.0

## CS 5.0 Treadmill

### UNSURPASSED QUALITY

The TRUE® CS5.0 was designed for facilities that demand the very best. Precision hand-built craftsmanship, innovative user-centric features and quality components vividly demonstrate our 27-year commitment to making the finest treadmills in the world. Our classic aluminum powder coat finish and matched aluminum straddle covers are a stylish touch to this rugged performer.

### SPACE EFFICIENT DESIGN + LOW PROFILE

The CS5.0 was designed specifically for those facilities where both space and quality are at a premium. The CS5.0's brawny 11-gauge robotically welded frame and hydroformed pedestal provide an extremely stable workout experience even under the most rigorous pounding. The CS5.0 also features a low profile frame with an accessible 7" step-up height.

### POWERFUL DRIVE SYSTEM

The TRUE CS5.0 comes equipped with a powerful Endura-Drive™ AC motor for flawless smooth operation. TRUE's AC motor powers a belt that measures 60"L x 22"W (152 cm x 56 cm). The internal self-cooling system ensures years of powerful durability. The magnetic hall-effect speed sensor provides precise real-time workout data feedback.

### TRUE IMPACT ABSORPTION

TRUE's patented Soft System® offers the most orthopedically correct running surface available. Neoprene shock absorbers in the front third of the deck cushion each foot strike, while the back of the deck provides a firmer surface allowing for a stronger push off with each step. Combined with our proprietary Silax™ lubrication system, a two-ply belt with PVC coating and large 3" diameter steel rollers, the TRUE CS5.0 delivers an extremely comfortable and quiet ride from start to finish.

### USER FRIENDLY INTERACTION

The CS5.0's 7" LCD screen is designed for intuitive simplicity and provides information that users want most in an easy-to-read display. This treadmill offers a wide array of preset workouts as well as customizable programs. Mid-bar membrane switches put the control at users' fingertips. Also standard on the CS5.0 are integrated personal fans which will give your users a more comfortable, enjoyable workout experience.

### HRC (HEART RATE CONTROL)®

The CS5.0 is equipped with a digital contact heart rate monitoring system as well as a Polar® wireless telemetry system to assist users in maintaining their optimum heart rate and maximizing workout results. One touch HRC Cruise Control™ is also included, which allows the user to "lock in" on a specific target heart rate. Once the target is set, TRUE HRC Cruise Control will adjust speed and incline automatically throughout the duration of the workout to maintain the targeted heart rate (operates just like the Cruise Control in your car).

### ENTERTAINMENT

The CS5.0 provides CSAFE power as well as seamless integration with all TRUE Entertainment™ options.

### BUILT FOR THE LONG RUN

To ensure that your TRUE CS5.0 treadmill investment will pay dividends for years to come, it has been tested for thousands of hours on TRUE's "treadbuster" and is backed accordingly. The solid steel frame is guaranteed for life. The Endura-Drive motor is covered for five years, all other parts for three years. All labor costs carry a full one year warranty from the date of purchase.



# CS5.0

## Specifications

### Drive System

Drive Motor	TRUE 4hp AC Endura-Drive
Incline Motor	Compression Elevation Motor with 1000 lbs of Thrust
Speed Sensor	Optical
Power Source	120 Volt/20 Amp Dedicated (NEMA 5-20 Receptacle) Cord Length 12' (3.7 m) - 220v option available

### Exercise Surface

Deck	Double Sided Thermally Fused Laminated 1" Medium Density Fiberboard
Belt	Siegling Multi-Ply Belt with PVC Coating
Rollers	3" Diameter Crowned Rollers
Impact System	TRUE Soft System (neoprene shock absorbers)
Lubrication	TRUE proprietary lubricant "Silax"

### Frame

Frame	11-Gauge Heavy Duty Welded Steel
Pedestals	Hydroformed Steel
Finish	Powder Coat

Aluminum Straddle Covers	YES
Handrails/Handlebars	Molded Urethane, Moisture Resistant Flared Handrails
Medical Handrails	YES

### Console

Display Type	7" Single Window Custom LCD
Key Type	Membrane
Command Keys	Express, 1 Touch Quick Speed, HRC Cruise Control
Quick Speed Keys	YES
Data Readouts	Speed, Incline, Elapsed Time, Time Remaining, Distance, Pace, Heart Rate, Target Heart Rate, METs, Calories
Diagnostics	Software Version, Hours, Miles, Starts, Display, Heart Rate, Backlight, Contrast, Lower Control Board, RS232, Auxiliary Boards, Remote Keys, Current, Safety Switch, Program Usage, Watch Dog

### Warranty

Warranty	Commercial - Frame Lifetime, Motor 5 Years, Parts 3 Years, Labor 1 Year / Light Commercial - Frame Lifetime, Motor 5 Years, Parts 3 Years, Labor 3 Years
----------	--

### Heart Rate

Contact Heart Rate Monitoring	YES
Wireless Heart Rate Monitoring	Wireless - Polar® Equipped
HRC (Heart Rate Control)® Workouts	1 Target HRC
HRC Cruise Control™	YES

### Programming

Workouts	10 - Manual, Quick Start, Calorie Burner, Hill Intervals, Speed Intervals, Speed Ramp-up, Glute Buster, Leg Shaper, Cardio Challenge, Sports Training
Custom Workouts	3 User Defined Workouts
Fitness Tests	Gerkin Protocol and 4-Military

### Other Features

Accessories	Reading Rack, 2 Water Bottle Holders, 2 Accessory Trays
Safety	Safety Clip, Extended Handrails, Large Straddle Covers
Entertainment Capabilities	YES
Communications	Full CSAFE Compatibility
Balance Bar Control Pad	YES
Personal Cooling System (Fans)	YES

### Physical Specifications

Footprint	82"L x 33"W (208 cm x 84 cm)
Running Surface	60"L x 22"W (152 cm x 56 cm)
Machine Weight / Shipping Weight	405 lbs (184 kg) / 573 lbs (260 kg)
Maximum User Weight	400 lbs (181 kg)
Incline Range	0 to 15%
Speed Range	0-12 mph (0-19 kph)
Step-Up Height	7" (18 cm)
Portability	Front Transport Wheels

Regulatory Approvals	UL, CSA, FCC (CE for 230v)
----------------------	----------------------------